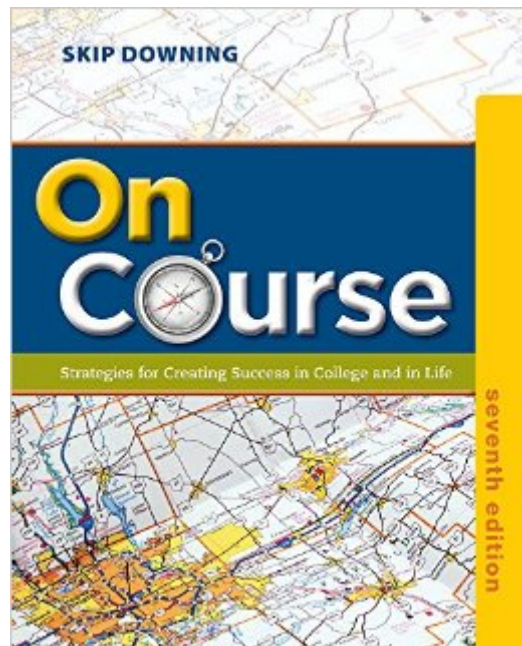


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# On Course: Strategies For Creating Success In College And In Life (Textbook-specific CSFI)



## Synopsis

ON COURSE: STRATEGIES FOR CREATING SUCCESS IN COLLEGE AND IN LIFE empowers students with the tools they need to take charge of their academic and lifelong success. Through distinctive guided journal entries, Skip Downing encourages students to explore and develop their personal responsibility, self-motivation, interdependence, and self-esteem, and to make wise choices that create successful results. "Wise Choices in College" sections in each chapter help students develop the study skills they need to excel in their other courses. The 7th edition features expanded coverage of diversity, emphasizing the many ways in which people are different and how these differences often influence the choices they make. Other new topics include a discussion of academic integrity, how to thrive in the college culture, and a research-based section on the importance of developing a growth mindset. Plus, a new Annotated Instructors Edition guides instructors to relevant exercises and materials in the ON COURSE FACILITATOR'S MANUAL. Available with InfoTrac Student Collections <http://gocengage.com/infotrac>.

## Book Information

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journal entry immediately follows each article, giving you an opportunity to apply the success strategy you just learned to enhance your results in college and in life. Believing in Yourself articles and journal activities appear in each chapter, reinforcing the importance of developing strong self-esteem for long-term success. Case Studies for Critical Thinking. Case studies help you apply the strategies you learn to a real-life situation. As such, they help prepare you to make wise choices in the kinds of challenging situations you will likely face in college. Because case studies don't have "right" answers, they also promote critical and creative thinking. One Student's Story. These short essays are authored by students who used On Course strategies to improve the quality of their college outcomes and experiences. These stories show the positive and dramatic results possible when you apply what you learn in this course to overcome the multitude of challenges that can sabotage success in college, and beyond.

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